

Author Bio Combined

Eugene F. (Gene) Moynihan, Jr. is a street-wise psychotherapist in private practice. He had the contract with the New York City Police Department for ten years helping cops deal with the dark side of their profession: suicidal thoughts, post-traumatic stress, substance abuse, depression and marital discord. He was two blocks from the World Trade Center when the two planes struck those buildings and has been helping first responders deal with the scars of 9/11 ever since. **Richard F. (Dick) Quis** is a writer, fine artist and an investment banker with particular interest in mergers and acquisitions. He is a close friend of Gene going back to their grammar school days. After a near death experience where Dick was asked by his surgeon to help with his survival, he became intrigued with Gene's uncanny ability to help people get through rough times. He helped document Gene's highly successful written self-improvement methodology.